Waking the Giant
SDG Self-Assessment Tool

Sustainable Development Goal 3
Ensure healthy lives and promote well-being for all at all ages

I am the Lord who heals you.
(Exodus 15, 26)
A brief guide to the SDG self-assessment tool

This tool is a simple and quick way of gathering information about how your current work contributes to the UN agenda. Just follow these few steps as you go through the process.

WHAT

Each Sustainable Development Goal (SDG) has a set of targets and indicators attached to it. The self-assessment will guide you through a process of gathering information about how the work you are currently doing is linked to these targets and indicators. This assessment tool is not a scientific tool that measures actual quantitative or qualitative results of your work. Rather it is designed to:

1) raise your awareness of the SDGs, their targets and indicators;
2) show how your work is interlinked with the SDGs and how you are contributing to their achievement;
3) help you identify the concrete steps you may want to undertake to widen and deepen the work you are presently doing.

WHO

The assessment tool is meant for any church or church-related organization that finds it useful. It can be used by one congregation, institution or organization or it can be completed from a regional perspective (e.g. diocese) or from a national or international perspective. When filling out the user information, it is important to communicate and understand clearly what level you work at (local, regional or international) and who you represent. The questions in this tool are formulated in “you” form. “You” in this context means the church, organization or institution you represent, not you personally.

WHY

Seeing the links between your activities and the SDG targets and indicators will help you to:

1) look at your work from a fresh perspective, namely that of the UN Agenda 2030 for Sustainable Development;
2) make the work you are doing more visible locally, nationally and globally;
3) help you inform your current and potential funding and implementation partners about what you have accomplished;
4) identify work results that can guide future planning.

The results of the questionnaire may surprise you. You are quite likely contributing to many SDGs without knowing it! No matter how big or small your contribution is: All steps taken towards meeting the goals are important!

HOW TO COMPLETE THE SELF-ASSESSMENT TOOL

1) Call together an assessment team to answer the questions in the self-assessment form.
2) Include staff from different management levels, project and administrative staff, and representatives of the communities you serve.
3) Print enough copies of the assessment form for everyone to read and follow up the discussion. Appoint one person to note down the team’s answers to the questions.
4) Gather copies of policies, guidelines, Standard Operating Procedures and any other tools that your staff uses in their day-to-day work. This will help you answer the questions.
5) Take notes of your observations and of any activities that you are running which are
not mentioned in the assessment tool. The questions in the assessment tool arise from
the UN targets and indicators so they will not cover the full range of activities in which
your organization is engaged.

5) Answer all the questions. If your organization does work related to the activity listed, tick
‘yes’ and answer any related sub-questions. If a question does not apply to you, simply select
‘not yet’ and move to the next question. By selecting ‘I don’t know’ you can skip the question
and come back to it later. Please note that the assessment is not finalized as long as there
are questions with ticks in ‘I don’t know’ boxes.

6) Many questions cover a range of different options. If your answer to one of the options is
‘yes’, you can tick ‘yes’ for the entire question.

Let’s get started!
USER INFORMATION

Your country:

______________________________________________________________

Name of your church/institution/organization:

______________________________________________________________

Name and position of the contact person:

______________________________________________________________

Email address:

______________________________________________________________

How would you describe your organization (Please select all that apply):

☐ International
☐ Regional
☐ National
☐ Local
☐ Other (please specify) ________________________________

Your organization has operations in (Please select all that apply):

☐ Developing country
☐ LDC (least developed country)
☐ Developed country
☐ Not applicable ____________________________

Which of the following best describes institution/organization?

☐ Church
☐ Ecumenical organization or network
☐ Church-based development organization / Faith-based organization (FBO)
☐ Specialized service institution (school, hospital etc.)
☐ Other — please explain ____________________________

Names and positions of those who participated in the self-assessment process:

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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</table>
A. You run a health facility

**A.1 Patients at the health facility include people who suffer from...**

- **HIV/AIDS**
  - NOT YET
  - YES
  - POINT!

- **tuberculosis**
  - NOT YET
  - YES
  - POINT!

- **malaria**
  - NOT YET
  - YES
  - POINT!

- **hepatitis**
  - NOT YET
  - YES
  - POINT!

- **neglected tropical diseases (e.g. dengue, leprosy or rabies)**
  - NOT YET
  - YES
  - POINT!

- **non-communicable diseases (e.g. cardiovascular disease, cancer or diabetes)**
  - NOT YET
  - YES
  - POINT!

**A.2 Among the health facility patients there are pregnant women, young mothers, newborn children and infants**

**SUSTAINABLE DEVELOPMENT GOALS**

- **3.1 Maternal mortality ratio**
  - 3.1.1 Maternal mortality ratio to less than 70 per 100,000 live births
  - 3.1.2 Proportion of births attended by skilled health personnel

- **3.2 Under-five mortality rate**
  - 3.2.1 Under-five mortality rate
  - 3.2.2 Neonatal mortality rate

- **3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water borne diseases and other communicable diseases**
  - 3.3.1 Number of new HIV infections per 1,000 uninfected populations
  - 3.3.2 Tuberculosis incidence per 1,000 population
  - 3.3.3 Malaria incidence per 1,000 population
  - 3.3.4 Hepatitis B incidence per 100,000 population
  - 3.3.5 Number of people requiring interventions against neglected tropical diseases
  - 3.4 By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being
  - 3.4.1 Mortality rate attributed to cardiovascular disease, cancer, diabetes or chronic respiratory disease

**GOOD JOB!**

You are contributing to the following targets and indicators:

- **3.1 By 2030, reduce the global maternal mortality ratio to less than 70 per 100,000 live births**
- **3.2 By 2030, end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births**
B. You provide medical services

**B.a Select points which are related to your service**

- **You provide HIV positive people with ARV medication**
  - NOT YET
  - YES

- **You provide medication for malaria patients**
  - NOT YET
  - YES

- **You provide medical treatment to people with alcohol or drug addiction**
  - NOT YET
  - YES

**Sustainable Development Goals**

**3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water borne diseases and other communicable diseases**

- **3.3.1 Number of new HIV infections per 1,000 uninfected population, by sex, age and key populations**

- **3.3.1 Coverage of essential health services (defined as the average coverage of essential services based on tracer interventions that include reproductive, maternal, newborn and child health, infectious diseases, non-communicable diseases and service capacity and access, among the general and the most disadvantaged population)**

- **3.3.3 Malaria incidence per 1,000 population**

- **3.3.3 Coverage of essential health services (defined as the average coverage of essential services based on tracer interventions that include reproductive, maternal, newborn and child health, infectious diseases, non-communicable diseases and service capacity and access, among the general and the most disadvantaged population)**

**3.5 Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol**

- **3.5.1 Coverage of treatment interventions (pharmacological, psychosocial and rehabilitation and aftercare services) for substance use disorders**

- **3.5.1 Coverage of essential health services (defined as the average coverage of essential services based on tracer interventions that include reproductive, maternal, newborn and child health, infectious diseases, non-communicable diseases and service capacity and access, among the general and the most disadvantaged population)**
C. You demonstrate and promote safe and responsible environmental behavior to maintain good living conditions

- YES
- NOT YET
- I DON’T KNOW

+1 POINT!

skip to question D

C.a You take active measures to reduce any pollution that your activities or operations may cause to the air, water or soil.

(These measures might include restricting air or car travel, traveling by public transportation, raising awareness, using eco-friendly cleaning products, recycling etc.)

SUSTAINABLE DEVELOPMENT GOALS

GOOD JOB!
You are contributing to the following targets and indicators

3.9 By 2030, substantially reduce the number of deaths and illnesses from hazardous chemicals and air, water and soil pollution and contamination

3.9.2 Mortality rate attributed to unsafe water, unsafe sanitation and lack of hygiene (exposure to unsafe Water, Sanitation and Hygiene for All (WASH) services)

12.5 By 2030, substantially reduce waste generation through prevention, reduction, recycling and reuse
Sustainable Development Goal 3
Ensure healthy lives and promote well-being for all at all ages

D. You provide psychosocial support/pastoral care/spiritual support and/or counselling

YES □ NOT YET □ I DON'T KNOW □

+1 POINT!

D.a You provide treatment and/or information to people affected by non-communicable diseases (e.g. cancer or diabetes)

NOT YET □ YES □

+1 POINT!

D.b You provide pastoral care/spiritual support/counselling to people living in despair and hopelessness

NOT YET □ YES □

+1 POINT!

D.c You assist people to adapt to new situations resulting from climate change and natural disasters

NOT YET □ YES □

+1 POINT!

D.d You provide pastoral care and/or counselling to people with alcohol or drug addiction

NOT YET □ YES □

+1 POINT!

SUSTAINABLE DEVELOPMENT GOALS

GOOD JOB!
You are contributing to the following targets and indicators

3.4 By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being

3.4.1 Mortality rate attributed to cardiovascular disease, cancer, diabetes or chronic respiratory disease

3.4.2 Suicide mortality rate

13.3 Improve education, awareness-raising and human and institutional capacity on climate change mitigation, adaptation, impact reduction and early warning

13.3.1 Number of countries that have integrated mitigation, adaptation, impact reduction and early warning into primary, secondary and tertiary curricula

3.4.2 Suicide mortality rate

3.5 Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol

3.5.1 Coverage of treatment interventions (pharmacological, psychosocial and rehabilitation and aftercare services) for substance use disorders

3.5.2 Harmful use of alcohol, defined according to the national context as alcohol per capita consumption (aged 15 years and older) within a calendar year in litres of pure alcohol
Sustainable Development Goal 3
Ensure healthy lives and promote well-being for all at all ages

E. You raise awareness about healthy lifestyle through sharing information/teaching/preaching

- YES
- NOT YET
- I DON'T KNOW

+1 POINT!

SUSTAINABLE DEVELOPMENT GOALS

GOOD JOB!
You are contributing to the following targets and indicators

3.2 By 2030, end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under 5 mortality to at least as low as 25 per 1,000 live births

3.2.1 Under-five mortality rate
3.2.2 Neonatal mortality rate
3.7.1 Proportion of women of reproductive age (aged 15-49 years) who have their need for family planning satisfied with modern methods
3.7.2 Adolescent birth rate (aged 10-14 years; aged 15–19 years) per 1,000 women in that age group
5.6.1 Proportion of women aged 15-49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care
3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water borne diseases and other communicable diseases
3.3.1 Number of new HIV infections per 1,000 uninfected population, by sex, age and key populations
3.5 Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol
3.5.2 Harmful use of alcohol, defined according to the national context as alcohol per capita consumption (aged 15 years and older) within a calendar year in litres of pure alcohol
F. You cooperate with other health actors

YES
NOT YET
I DON’T KNOW

+1 POINT!

F.a You cooperate with or link your work to the national health ministry, government agencies or international actors

NOT YET
YES

+1 POINT!

F.b When needed, you refer people to existing health services beyond the ones you provide

NOT YET
YES

+1 POINT!

SUSTAINABLE DEVELOPMENT GOALS

17.16 Enhance the Global Partnership for Sustainable Development, complemented by multi-stakeholder partnerships that mobilize and share knowledge, expertise, technology and financial resources, to support the achievement of the Sustainable Development Goals in all countries, in particular developing countries

3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water borne diseases and other communicable diseases

3.4 By 2030, reduce by one third premature mortality from noncommunicable diseases through prevention and treatment and promote mental health and well-being

3.8 Achieve universal health coverage, including financial risk protection, access to quality essential health care services and access to safe, effective, quality and affordable

3.3.1 Number of new HIV infections per 1,000 uninfected population, by sex, age and key populations

3.3.2 Tuberculosis incidence per 1,000 population

3.3.3 Malaria incidence per 1,000 population

3.3.4 Hepatitis B incidence per 100,000 population

3.3.5 Number of people requiring interventions against neglected tropical diseases

3.4.1 Mortality rate attributable to cardiovascular disease, cancer, diabetes or chronic respiratory disease

3.8.1 Coverage of essential health services (defined as the average coverage of essential services based on tracer interventions that include reproductive, maternal, newborn and child health, infectious diseases, non-communicable diseases and service capacity and access, among the general and the most disadvantaged population)
G. You organize advocacy actions to improve public health locally, nationally or globally

Yes

Not yet

I don’t know

+1 POINT!

G.a You advocate for improved access to quality health services for all in your country

NOT YET

YES

+1 POINT!

Sustainable Development Goals

G. You advocate for improved access to quality health services for all in your country

3.3 By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water borne diseases and other communicable diseases

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### Good Job!
You are contributing to the following targets and indicators:

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</table>
H. You help people understand their rights and claim basic health services

H.a You inform people of existing legislation/rights/government schemes on health care

H.b You help people file complaints if services are not of good quality or if people were refused services

3.8 Achieve universal health coverage, including financial risk protection, access to quality essential health care services and access to safe, effective, quality and affordable essential medicines and vaccines for all

3.8.1 Coverage of essential health services (defined as the average coverage of essential services based on tracer interventions that include reproductive, maternal, newborn and child health, infectious diseases, non-communicable diseases and service capacity and access, among the general and the most disadvantaged population)

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YOUR RESULTS

1) To calculate your results, simply count all the boxes where you have answered ‘yes’. This will show you how many different activities you conduct related to the Sustainable Development Goal 3.

IN THIS SECTION, IT IS POSSIBLE TO ANSWER ‘YES’ ON 37 ACTIVITIES

<table>
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<tr>
<th>Targets under SDG 3 – Good health and well-being</th>
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<td>3.5 Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol</td>
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<tr>
<td>3.7 By 2030, ensure universal access to sexual and reproductive healthcare services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes</td>
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<th>Targets under SDG 5 – Gender equality</th>
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<td>5.6 Ensure universal access to sexual and reproductive health and reproductive rights as agreed in accordance with the Programme of Action of the International Conference on Population and Development and the Beijing Platform for Action and the outcome documents of their review conferences</td>
</tr>
</tbody>
</table>

Your total: /37

2) Establish a list of targets that you contribute to: Go back to your responses and check – on the right hand side – which of the targets of the Agenda 2030 you are meeting and with how many different activities. Based on that, complete the following graphic. For each activity that you responded to with a ‘yes’ you may color one field for the corresponding target(s) below.
**Targets under SDG 12 – Sustainable consumption and production**

12.5 By 2030, substantially reduce waste generation through prevention, reduction, recycling and reuse

**Targets under SDG 13 – Climate action**

13.3 Improve education, awareness-raising and human and institutional capacity on climate change mitigation, adaptation, impact reduction and early warning

**Targets under SDG 17 – Partnerships for the goals**

17.16 Enhance the Global Partnership for Sustainable Development, complemented by multi-stakeholder partnerships that mobilize and share knowledge, expertise, technology and financial resources, to support the achievement of the Sustainable Development Goals in all countries, in particular developing countries

Select a target that you are particularly strong at and explain – in your own words and giving concrete examples – how you contribute to it:

**Target:**

**Your contribution:**
1) Share your results with others! The Waking the Giant team will be happy to share about your work on our website, along with contributions that other churches and church-related organizations are making worldwide to meeting the SDGs.

Upload your results online, by completing our web-based self-assessment tool under: https://wakingthegiant.lutheranworld.org/sdg-self-assessment-tool

OR:
Scan and e-mail your completed questionnaire to: WakingtheGiant@lutheranworld.org

OR:
Mail your form to:
The Lutheran World Federation
Waking the Giant / Julia Brümmer
P.O. BOX 2100
CH-1211 Geneva 2, Switzerland

Submitting your results is voluntary but much appreciated: the more results are submitted, the more visibility the work of churches and church related organizations can gain globally.

2) After submitting your results, you will receive an official Waking the Giant Assessment Certificate. It will be sent to the address you noted in the user information section.
3) If you upload your results online, your report will be saved, and you are welcome to update your assessment any time.

AFTER COMPLETING THE ASSESSMENT – NEXT STEPS

Gather your team to discuss the results of the self-assessment process.
• Was the result as you expected and what was surprising about it?
• How easy or difficult did you find it to connect your work and the SDG targets and indicators?
• Do you do any activities that are linked to the goals and their targets, but that were not mentioned in the assessment tool? Which ones?

Agree whether to focus your discussion on activities or on SDG targets.
• For activities or targets that you are already working on, how can you deepen your work?
• For activities or targets that you are not yet working on, do you see anything you might to add to your current work?

You will find more resources for possible next steps on the website of the SDG Toolbox: https://wakingthegiant.lutheranworld.org/sdg-3
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